

# TRAINING SERIES

FACILITATED BY: ZIA FREEMAN, MA, LMHC  
COMMUNITY EDUCATOR WITH COORDINATED CARE



## SUICIDE PREVENTION IN YOUTH

FRIDAY - JUNE 5, 2026

Overview of suicide prevention, including signs and symptoms in youth and how professionals and caregivers should respond during times of crisis.



## TIC: BEING AN ADVOCATE FOR YOUTH

WEDNESDAY - JULY 7, 2026

This training explores how caregivers and professionals can effectively advocate for youth while utilizing trauma-informed care practices.



## BACK TO SCHOOL WE GO!

THURSDAY - AUGUST 13, 2026

Learn strategies to support emotional regulation, communication, and overall school success.

## ABOUT THIS TRAINING

Excelsior Wellness and Coordinated Care are hosting a special Afternoon Training Series focused on supporting youth, families, and caregivers through education, advocacy, and trauma-informed practices.

These trainings are designed for providers, professionals, and caregivers who work with or support youth and families in our community. Topics throughout the series will include Suicide Prevention in Youth, Trauma-Informed Care & Advocacy for Youth, and Back-to-School Support Strategies for Children with Trauma Histories.

## LOCATION AND TIME

### Magnolia Meeting Room

3754 W. Indian Trail Rd.,  
Spokane, WA 99208

### From 11:30 AM - 2:00 PM on

Friday, June 5

Wednesday, July 7

Thursday, August 13

*\*No RSVPs needed*

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